

Join me on BlogTalkRadio on Tuesday October 27, 2009 at 8:00 pm central time for the latest episode of "Consumer's Guide To Health". Health care reform probably requires little introduction. We're in the midst of some challenging discussions regarding the cost of health care, the quality of health care, and the ability of the patient to access health care. Should the government be involved? What impact is reforming going to have on the average person? We've been exposed to a lot of misinformation, and a lot of diatribe. In this episode, we will discuss some of the issues facing successful health care reform - from the perspective of the provider, and the patient.

This episode has two special guests. The first is **Dr. Quentin Lobb**, an anaesthesiologist from Norman, Oklahoma. Dr. Lobb graduated from Baylor University with a double major in biochemistry and molecular genetics, and then went on to do his medical degree at Oklahoma University. Dr. Lobb is also a runner and triathlete - having completed 15 marathons and 3 Ironman triathlons. Our second guest is

Robin Warnken

, a licensed massage therapist, and fitness professional for nearly 20 yrs who not only has her Masters of Science in Exercise Science & Health Promotion but is also an Ironman and marathon finisher (and previous guest of "Consumer's Guide To Health"). Robin will help to address the issues related to the patient from her own personal experiences.

The BlogTalkRadio call-in number is 646-929-1567. You can listen online at <http://www.blogtalkradio.com/abesselink> and also download this and previous episodes here as well.

I hope you can join us for what should be a lively discussion!