

When Turkey Just Isn't Enough | Allan Besselink

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They call it Turkey Day ... the day before the college football rivalries play out on stages around the country ... and they also call it Thanksgiving Day. This is a time to share with loved ones and to essentially "give thanks".

I've discovered that Thanksgiving should be a daily occurrence - and not just the time to gorge on turkey, sweet potatoes, pumpkin pie, and the Dallas Cowboys.

This day serves as but a reminder that every day should be one to give thanks - for health, for family, for friends, for the capacity to pursue intellectual and physical pursuits. Perhaps it shouldn't be even a daily thing - perhaps it's truly being thankful for the moment, the space between experiences and memories, the breath of fresh air that is found in the purity of flow from moment to moment.

Turkey is good, but it just isn't enough - and eating it daily would just be too much for the taste buds!